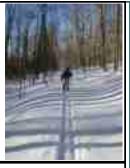


# UPSLOPE

# Newsletter of the NORDIC \$ki Touring \$ection of PATC



Visit Us On the WEB at http://www.patc.us/chapters/ski/

February 2016

### UpComing Attractions In Winter UPSLOPE

- The rest of the 2015-16 Schedule
- YOUR ski stories

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#### The Great Escape: Beating Jonas to the Punch

by Ralph Heimlich

I have skied at Maryland's New Germany State Park many times, sometimes returning from locations further afield, and often as a day trip (long day). One trail (the Cabin Loop, red) ends at the turn around of the road containing 11 log cabins built during New Germany's days as Camp S-52, Company 326 of the Civilian Conservation Corps (CCC) in the 1930's. I have tried to reserve a cabin before, but they were always booked up, especially on winter weekends. Just before WWII, many Washingtonians had skied at New Germany, which was Maryland's first ski resort. The German Ambassador had compared New Germany to the original, and christened it the "Little Alps". Last year, right after the ski season, I reserved Cabin #10 for January 23-26 (Saturday-Tuesday) since I was retired and hoped to attract other geezers or neargeezers. Little did I know what fate and meteorology had in store...

Up until the weekend before our trip, I thought the Mid-Atlantic had dealt us another dirty hand. There had been very little snow anywhere in our region, particularly in western Maryland. My email to participants included a bunch of hiking trail maps since I fully believed we were going to be reduced to ski-



Jonas Day2 at New Germany SP photo by Ralph Heimlich

less travel. Lo, out the north, a mighty ice giant named Jonas materialized on Monday night, with NOAA warning of the blizzard of the century! As the forecast solidified, I quickly scrambled to revise our reservations since the brunt of the storm was going to occur on Saturday, the day we were supposed to be traveling up to New Germany. Unfortunately, someone was renting Cabin #10 on Friday (who goes up to a park on Friday if they can't stay the weekend?) but Cabin #9 was vacant, so I locked it down for the mandatory 2 nights (Thursday and Friday). As luck would have it, the previous occupant let discretion be the better part of valor and decided to decamp before Jonas' fury, so the park staff agreed to cancel my reservation for Cabin #9 and extend our stay in Cabin #10. Now to beat Jonas to the punch and get into the cabin before the snow became overwhelming.

John Tichenor came up from Richmond and spent the night at my house on Thursday so we could get an early start on Friday. Another car with Cathrine Payne, Edna Trimm and Sue Beffel were on the road early from Virginia, and Wendy Cox made the shorter drive from Lovettsville, VA by her lonesome. We all arrived nearly simultaneously, just as the dry, feathery snow began to accumulate. New Germany had already experienced about 5" earlier in the week, so it looked pretty respectable by the time the light faded on the shining lights of Cabin #10.

The New Germany cabins are mostly designed for family camping. Number 10 sleeps 5, with an optional fold-away bed for a sixth occupant. Two ladies occupied the sleeping loft in twins, one was in the solitary downstairs room, one unfolded the hideaway in the living room, and John and I shared the Queen in sleeping bags in the living/dining room farthest from the fireplace. Cozy quarters, but not cramped. G'night John Boy...g'night Billy Jo.

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#### FROM THE \$LOPE\$ - Chair Notes

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Randy Kerr H: (703) 926 6779 (cell) lerrkerr@aol.com The last month of winter. What could be grander? The days are growing longer with light by several minutes each day, and temperatures are beginning to rise, even though most days remain pretty cold. These conditions herald a great time for Nordic skiing. We may or may not get a bonus snowfall in late February or early March like we have seen in the past few years. But if not, there is always the opportunity of good snow and favorable conditions further north along the Eastern Seaboard.

You will notice that the last trip on our current winter ski schedule (<a href="http://www.patc.us/chapters/ski/trips.htm">http://www.patc.us/chapters/ski/trips.htm</a>) is to one of two possible venues in New York from February 25 to March 1. It will be led by Greg Westernik, one of the wisest snow sages in the Ski Touring Section and a decades-long member of STS. It's a "Cancels if no snow" trip, but Greg knows what he's doing. Many years there is great snow up in New York and New England at the end of February and into March. There has been several months for the base layer of compacted snow to grow, so that a few warmer days in the late winter do not mean unskiable conditions. And new snowfall during this time period is definitely possible.

I took a trip up to the Tug Hill area of New York in early March a couple of years ago with another long-time STS member. We went up on a Monday and returned on Friday. We skied in a different place every day and had a great time. Since we were skiing during the work week and we were both retired from our earlier careers, we largely "owned" the trails. For those of you who are retired, think about the increased time options you have for skiing during the winter season than those folks still working.

Different subject: The Ski Touring Section has been hosting a Nordic skiing Meetup group in the Washington metropolitan area for the past several years. See http://www.meetup.com/ Nordic-Skiers-of-the-Potomac-Appalachian-Trail-Club/. The people joining the group were few in number during the first year, but those coming on board during the past year has been much stronger. As I write this, we have 210 members in this Meetup group. How many people to join on Meetup actually will participate on STS-sponsored trips is unknown. Some of the people who join are experienced skiers from the North and West who have moved to the mid-Atlantic region in recent years and want to keep up their interest in this sport. Others are newbies who want to try cross-country skiing. Some others are folks who have joined one or two dozen Meetup groups. One has to wonder whether many of the people in that latter group are active in any of the Meetups that they join! This winter we have had several of our STS trips advertised by our trip leaders on this Meetup site. This is a positive development. Some of the Meetup members have worked to organize last-minute trips when there is good snowfall in the area. These are all positive signs. If you are an experienced STSer, you may want to consider joining this Meetup group to get another option for finding good skiing opportunities in the area. Our primary aim is to use the Meetup group to find new skiers interested in joining the Ski Touring Section for all it has to offer.



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#### And Now for Something Completely Different...Dogsledding

#### By Al Larsen

Do you like winter snow activities? (If not, maybe a cross country ski club isn't the best match for you, but we can leave that for another day). You've enjoyed day outings in West Virginia or Laurel Highlands, but thought that a multiday adventure in the deep woods would take this whole winter wonderland thing to a different level. Consider a dogsledding trip to Maine. My wife Anne and I did, and it's been one of the great outdoor adventures we've done.

Our friends Polly Mahoney and Kevin Slater are certified (and maybe certifiable) Maine guides who run canoe trips in the summer and mushing trips in winter. For dogsledding, they each have a pack of about 20 huskies. The social aspect of the dog hierarchy is one of the highlights of a mushing trip--who can be with whom, who is a strong follower, who is a good leader (who won't do anything but lead), who is looking for a chance to pick a fight with the other guy. But, first the set-up.



On the Maine lakes photo by Al Larsen

Polly and Kevin offer trips of several lengths--2 night, 3 night, week-long, or even a customized trip. Depending on your preference, your trip can be all mushing or a combination of mushing and xc skiing. Even on the all-mushing trips, you can take along xc skis and ski once you get into camp.



Anne and AI at camp in the Maine Woods

Speaking of camp, Kevin and Polly have permits to set up semipermanent camps in the state forest around the Umbagog Lake
area at the Maine-NH border. This means, at the beginning of
winter season, they erect their traditional Maine Woods canvas
wall tents, and leave some of the supplies that winter camping
requires (cooking pots, etc.) there for the winter season, and
strike camp before the melt. These tents have an inside-the-tent
wood stove with a chimney that exits the tent through a heatproof opening. That means that even when it's 10 degrees outside, you can be quite comfortable getting a meal ready. When
you break camp to move to the next camp, you'll leave those
basic items behind, and just have to take your food, sleeping
bag, etc--but not the entire set of camp gear. That also means
that when you get into camp, there is less set-up, and you have
time to play some more if you wish.

Now, back to the dogs. Each sled has a team of 5 or 6 dogs. They get so excited about the prospect of running with the sleds, it's amazing to observe. We lead them one at a time from the truck with the built in individual kennels, and leash them up to the sled, which is securely tethered. Polly warns us ahead of time that things will be so loud that voice communication will be

impossible. Everything will be hand-signals. She's right, if anything understating the pandemonium. The barking, yelping and jumping reaches a fever pitch as the dogs, knowing the drill by heart, realize that it's almost time to go. When Polly gives the signal, we release the slip knot tether with one hand, and the ice anchor with the other and we're off. Instantly, and I mean absolutely instantly, it's silence. Nothing but the sled runners moving through the snow. The dogs are ecstatic. And we're moving with non-mechanized power into a wilderness envi-

(Continued on page 7)

#### Are You Already Part of YAHOO GROUP\$? Facebook?

If you haven't joined Yahoo Groups, make sure to do it.

Go to http://groups.yahoo.com/group/PATC-STS/

Ask to join the group. You will get a confirmation message in your email.

**FACEBOOK:** Please sign on to the STS Facebook page at <a href="http://www.facebook.com/pages/Ski-Touring-Section-Potomac-Appalachian-Trail-Club/226549600733615">http://www.facebook.com/pages/Ski-Touring-Section-Potomac-Appalachian-Trail-Club/226549600733615</a> and "Like" us. You can easily locate it by putting the phrase "Ski Touring Section" into the search box at the top of the Facebook page. "Likes" are critical for getting status on Facebook and thus for helping others find us when they want information on Nordic skiing.

You can also join our Meetup, Nordic Skiers of the Potomac Appalachian Trail Club at <a href="http://www.meetup.com/Nordic-Skiers-of-the-Potomac-Appalachian-Trail-Club/">http://www.meetup.com/Nordic-Skiers-of-the-Potomac-Appalachian-Trail-Club/</a>

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#### **Great Escape (cont.)**

(Continued from page 1)

Before bed, I assayed a foray on my new snow shoes out the Cabin Loop trail by headlamp. The snow was deep and dark and my headlamp shone off swirling flakes the size of quarters, and glinted off the aluminum bands of hemlocks treated for Hemlock Wooly Adelgid (*Adelges tsugae*). I only stomped a couple hundred yards before the lights of the cabin and the streetlight at the turnaround were lost in the swirling snow. I quickly reversed course and followed my snowshoe prints back to the cabin.

A wise Genie once told me, "Be careful what you wish for". He might have been thinking about Snowstorm Jonas. On Saturday morning, we HAD snow, but there was too much of it for efficient skiing. It seemed light and dry as powder as you smooshed down into it, but once your leg was encased in snow, you couldn't push through to make much forward progress. And, it was still falling at a pretty good clip. Saturday turned out to be a plow out and snow shoe day. The park staff got right on plowing out the cabin road and the main road in the camp. Then crews with shovels descended on the individual cabin driveways. We had to clear snow from our cars (they wouldn't risk damaging them), but once that was brushed off, the park crew shoveled out the driveway, tossing snow 3 and 4 feet over the mounded up whiteness. When it was all over, we offered



Inside cabin #10 (Sue, Wendy, John, Catherine and Edna) photo by Ralph
Heimlich

our designated shoveler a tip, but he refused, saying Maryland Park employees can't take tips.

I set out on my snowshoes, intending to stomp the whole Cabin Loop (red). By the time I reached the junction with the Blue Trail, I decided to descend to the Turnpike (green) along the creek and head back toward parking lot #5. A family of other cabineers were sledding from the turnaround at the end of the cabin road, and I used their return route, smashing it down a bit more in the process. After lunch, Sue, Edna and I set out on snow shoes to finish the Cabin Loop and made it all the way around by the end of the day.



Breaking the Cabin Loop photo by Sue Beffel

The New Germany cabins have all the amenities, but most of us didn't have cell service, and there is only WiFi at the warming hut in Lake House, overlooking the small reservoir. We spent part of each day there, eating lunch, warming over the fire, and catching up with Jonas depredations in the greater DC area and locally. Official word from the park rangers was that Garrett County held the Maryland record for the storm, with 38" falling in Red House, in the extreme southwest part of the county. We had about 28" at New Germany, and it was plenty.

By Sunday, the park deployed snow mobiles and started grooming the trails. It was literally tough sledding for the gas horses, and at one point a willful gasbagger headed for the creek without its rangler, ending up in the water on its side. I offered to help pull it up, but the park dispatched another Sno Do to do the deed.

The mountain people are a hardy bunch. I expected skiers from the local area on Sunday, after the snow stopped, but was surprised to see about the same numbers on Monday, and even on Tuesday. Folks said it was due to the schools being out and the love of skiing by the locals. One lady from Frostburg with her young daughter said that the university wasn't going to open until they could figure out where to PUT the snow that they were scrapping off the parking lots.

Of necessity, we weren't going anywhere on Friday, Saturday, and even Sunday nights after the storm. We had prepared for soup and bread on Friday after driving, and a potluck dinner on Saturday. Most brought extra food in anticipation of possibly being marooned at the park, and I brought a backpacker stove and LED solar light in anticipation of potential power outages. We didn't need them, but it was nice staying in to cook. Without TV or internet, we were forced to entertain ourselves with conversation, reading and lots of engaging card games led by the master card shark, Catherine Payne. No fortunes were won or lost, but several of us had our rear ends handed to us by the diminutive Ms. Payne. By Monday evening, a bit of cabin fever had set in, and we drove the short distance over to Grantsville on well-plowed roads to eat at the historic Casselmann Inn, where roast turkey dinner was the nightly special.

Having skied Sunday and Monday, on Tuesday we piled in the cars to head for Swallow Falls State Park and the county seat at Oakland, MD. It was a pretty drive over there, and the Falls were impressive, even on the half-beaten down snowy path we took down to see them.

(Continued on page 5)

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#### **Great Escape (cont.)**

(Continued from page 4)

Muddy Creek Falls, the highest in Maryland, was especially impressive, being still mostly frozen in and covered with lots of snow. We stopped at the café in the Oak-Mar Motel for a light dessert/après snow repast before heading back to the New Germany.

On Wednesday morning, we were replete with skiing and snow shoeing, feeling somewhat guilty for leaving spouses or pets to their own devices in the snow-bound metropolis and ready to pack up and get out of Dodge by the 10 AM checkout time. We left the cabin in much the same spotless fashion as we'd found it, and vowed to return next year, hoping to beat Jonas' worthy successor storm in 2017.

Editor's note: Ralph Heimlich reliably informs me that the larger Cabin #11 (which sleeps 8 or 9) has been reserved for January 2017 for the rematch. Stay tuned if you'd like to try New Germany's snows.



Blue sky Monday photo by Sue Beffel



Sno-mobile groomed Turnpike trail photo by Ralph Heimlich



Muddy Creek Falls photo by Ralph Heimlich

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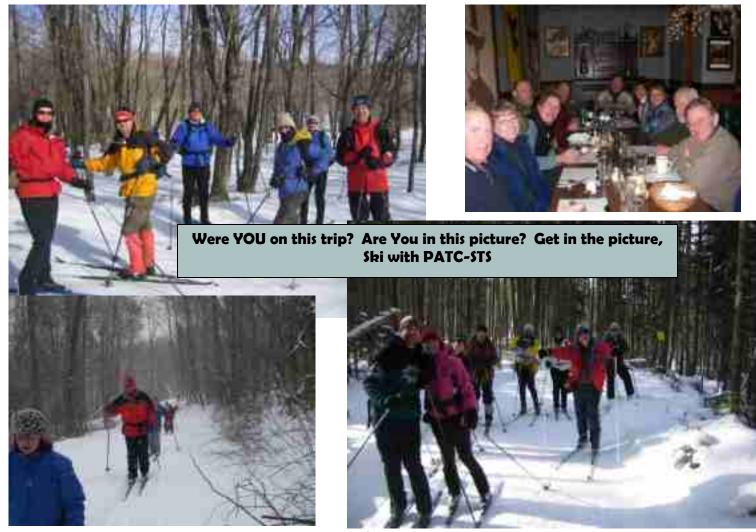
#### Remaining 2015-16 Ski Trips

Below is the remaining 2016 STS schedule of trips. Kathy Brumberger kathybrum@verizon.net

Date	Place	Leader
Feb 8-15	Pagosa Springs, CO	Rob Swennes
Feb 12-15 Presidents Week- end	Ski Dance, Laurel Highlands, PA Camp Sequanota	Eliot Applestein Bob Mathis
Feb 12-15 Pres Wkend	Blackwater Falls Lodge, WV	Greg Rudl
Feb 19-21	Canaan Valley Deluxe Cabin, WV	Ralph Heimlich
Feb 25-Mar 1	Upstate New York, (Lake Placid/Adirondacks/Tug Hill)	Greg Westernik

#### **Membership Listing**

A membership listing of all those members and contact information (less those who opted out of the listing) will be available from Membership Secretar Doug Lesar by email request only.



U P \$ L O P E FEBRUARY 2016

#### Dogsledding (cont.)

(Continued from page 3)

ronment--across the lake, through the wooded trails. It's like canoeing the Maine rivers--there is something just "right" about this, aesthetically, spiritually, athletically. This is the way it should be done--straight sided canvas tents, cooking with wood. I like my lightweight backpacking/kayaking tent and pocket rocket gas stove as much as the next guy--but, here they would detract somehow. Here, we walk out onto the frozen lake, with large buckets and a pole resting on the shoulders of two of us, to bust through the ice and submerge the buckets one at a time to get water for drinking and the cook and cleanup routine.

With everything set up, and still some sunlight left, I ski out from camp to the sound of--NOTHING. Just silence. Just wonder and appreciation that I get to do something like this.

On our particular trip, we'll be moving from one camp to another. So, in the morning, it's pack up, leaving the tents, etc. behind. This time, the dogs have been seemingly sleeping, not interested in the people at all. But,



"Musher" Al with his Pack



AI, Anne, Liz and Walker: hot soup lunch on the mushing trail

once again, they know the drill by heart, and when the preparation reaches a certain stage, it's pandemonium all over again, as they know that running time is near. And once again, it instantly goes from hand-signal-only loudness to silence, as we're off again, gliding over the snow.

I hope through these words to give even a dim glimpse of what such a trip can be, but, truly, I've never experienced anything like it, to compare it to, so I know that words cannot convey very much. If you love winter snow fun, like being outdoors, and want to combine those into something unlike anything you've ever done, put a mushing trip on your list. If you have flexibility to do this on short notice, you could get on a trip yet this season. If not, put it on your list for next year. Check out Kevin and Polly, their dogs, their philosophy and their trips at <a href="https://www.Mahoosuc.com">www.Mahoosuc.com</a>.



UP\$LOPE

OCTOBER 2015

#### Notes from Winter Storm Jonas

What follows is a collection of posts to the Yahoo Group site as Jonas came and went and people dug out to go skiing.

I skied out my door yesterday from Cleveland Park down Tilden and up to the Nature Center, where there was only one set of ski tracks. Beautiful and best powder skiing ever with not as many dog walker or snowshoe tracks. I plugged the club when I saw fellow skiers!—-Kathy Hudson

The metropolitan branch trail has also been good skiing - only got cleared once, a few drifts but mostly pretty passable.—A.F. Goldfarb

> 38" in Garrett County and at least 30" here[New Germany SP]. They are grooming but mostly a snowshoe day. Broke the Cabin Loop and part of the Turnpike. Y'all come up, especially you retired geezers. —Ralph Heimlich

Great pics! I just got in from skiing in Rock Creek Park. Perhaps not quite as rustic but a lot closer! Next year when i retire - I'll join you!!—
Talibob

Looks great Ralph. Unfortunately I am still working. Did get to ski my neighborhood in yesterday's sunshine. Enjoy! —Dick Simmons

We assumed this trip would end up being the first STS trip canceled <u>on account of snow</u>. Did you travel over on Saturday? We couldn't have gotten through even if we had wanted to. I'm thinking of going to NG this coming weekend if conditions stay pretty good. Glad to hear you made it over there and are now in the middle of wonderland.—Al Larsen

Yesterday, there was room for a couple of cars at the trail head off old Georgetown road just west of the beltway near the AL bridge – bring a shovel in case you need to clear more space – good skiing through the woods so far the hikers have not taken out the x/c tracks – the other trailhead parking lots off the road were still filled with snow.—Harrison Snow

I went out yesterday (Tuesday) with intent to ski the C&O Canal towpath. None of lock house parking lots were plowed. In fact, only one travel lane (instead of the two that exist) were plowed. I then headed to Carderock, but the road into the park was unplowed. I ended up skiing Gulf Branch Park in Arlington. I could see yesterday during my ill-fated outing that they had scoop loaders out, removing snow, not just pushing it (with plows having done as much as they were capable of). So, presumably that removal effort continues, and today folks (who, um, don't have to work like others of us), may find better access and more parking. If anyone does get out to Manassas, please post something on this Yahoo Group site. Also, if anyone has any info about New Germany conditions over the next day or so, please let us all know as well.—Al Larsen

Just got back to the car at Manassas Battlefield. Wet. Wet. Snow. Skiing is good. I did a nice little circuit of battlefield. Very windy. Nice sunny day. —Roger Hanson

We did go to Manassas today and it was quite nice. A few windblown or muddy spots, but they were easy to avoid. I was worried about more melting, but it appears that temps are going to drop tonight so it should still be good tomorrow I think. We went to the Visitor Center parking lot and it was completely cleared. Happy skiing everyone, after the blizzard comes the fun!—Dorothy Lange

On Monday the C & O canal looked pretty good. —Maryanne LeBlanc

I skied a little at a local park in Fairfax county. Conditions were great. The base is firm and there is a little loose on top so turns were easy. The areas in full sun are getting a bit softer on top. Just ski right on the virgin snow. I skied a little foot packed on the trail in the woods and that was fine. Going to a bigger park to ski some more. —Craig Kaoff

I took a day trip to Blackwater Falls State Park yesterday. There was some challenging driving through a whiteout at the end of Cor ridor H, but it was worth it. The conditions were perfect, no ice, groomed trails, and temperatures in the upper 20s. Only noise was skis on snow, and the sounds of trees rubbing together during wind gusts. The Red Spruce Trail was particularly enjoyable. —Eric Goodman

Like Eric I ventured out solo for a two night stay at the patc sugar knob cabin just off the Tuscarora trail in the great northern mountain region. Got a late start because of the need to pick up the key from patc when it was open. Luckily the road to the trail head at van buren furnace was plowed most of the way. Still it was midnight before I got to the cabin because of the deep snow, steep terrain and some confusing trail markings that had me wondering if I would need to bivouac. A pair of skins would have helped speed things up. Enjoyed the snow bound beauty and solitude. Except for my ski tracks and deer tracks there weren't other signs of people or animals. Accessing the area from wolf gap may be the best way to avoid the long uphill slog. Happy trails— Harrison Snow

While in Canaan this past weekend I reserved a DELUXE Canaan SP cabin at the AARP rate for Jan 26-29 2017. More on this later. Was a great trip, though the change in weather from Antarctica on Friday to Fort Lauderdale by Sunday was a bit jarring ... despite that, the snow stayed good.—Doug Lesar

#### U P \$ L O P E FEBRUARY 2016

#### **A Canaan Valley Cabin Trip**



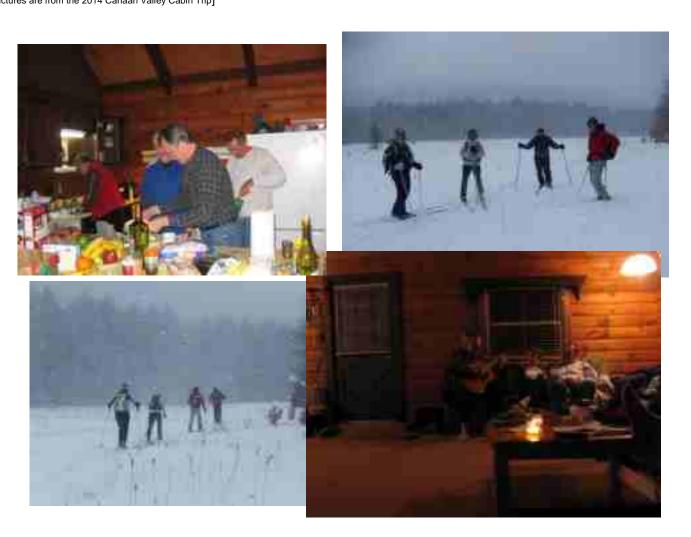
#### By Doug Lesar

The late January (28-31) Canaan SP cabin trip has, more often than not, enjoyed excellent skiing conditions, and this year's event rated highly. The leader and seven other club members endured a cold and blustery first day where skiing in the open was less than desirable, but milder and sunnier weather on the second day provided less constrained skiing opportunities. By the third and final day, stripping down to shorts and tee shirts was almost an option and outdoor hamburger grilling at White Grass made for a spring-like feel. Only in West Virginia can you begin a weekend in Antarctica and end it in Fort Lauderdale.

Despite the rapid warm-up, snow conditions, apart from chronic and intractable wet areas on the infamous Cabin Mountain Trail, remained superior and best-of-season. Some of the group enjoyed shorter ungroomed journeys in Canaan State Park and others followed the leader into the furthest reaches of White Grass's backwoods. (Someday, somehow, the leader will eventually figure out how to escape the infinite loop of the Shenandoah Trail!) Several skiers took advantage of White Grass rentals to test possible upgrades to dated skis, boots, and bind-

ings. With virtual extinction of availability of XC gear locally to DC, this has become one of the few options for STSers for purchase and test other than a shopping trip to New England or to the western US. After this year's reversion to a basic cabin, the club has reserved a deluxe cabin for January 2017 in hopes of an equally great if not better experience a year hence.

[Note: Pictures are from the 2014 Canaan Valley Cabin Trip]



## PATC-Ski Touring Section c/o Doug Lesar



Jonas' remains at New Germany State Park, MD, January 23, 2016 photo by Ralph Heimlich

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DATC	thi Touring	Section	Membership	Form

The PATC/STS provides quality services and benefits to its cross-country skiing members while promoting and supporting the PATC and cross country skiing in general. Whether a novice, recreational, citizen racer or telemark skier, STS has something for every XC skier. Imagine yourself floating on the snow, climbing across hill and dale in the quiet of winter, stopping for lunch in brilliant sunshine on a vista with a view of snow-covered ridges and valleys stretching to the horizon, and then making a descent back to home. Our membership enjoys ski touring in the hills with the comradeship and safety of a group. When you become a member, you receive all issues of the club's newsletter UPSLOPE and other useful information. UPSLOPE is published six times a year by PATC/Ski Touring Section, a non-profit, educational and recreational group of cross-country skiing enthusiasts based in the Maryland, DC, Virginia, PA and West Virginia areas. UPSLOPE provides information about STS trips and events (e.g., Learn-To-XC-Ski weekends, Telemark instructional clinics, and mini-week ski trips). One year membership runs from October 1st through September 30th of the next year. If you join in April or later, your one year membership will run through September of the next year. To insure uninterrupted membership for more than one year, you may provide advance dues for up to three years. To join, select your desired membership category and term from the table below, complete this Form legibly, and send it with a check appropriate to your membership choice (payable to PATC Ski Touring Section) to:

PATC-Ski Touring Section, c/o Doug Lesar, 2507 Campbell Place, Kensington, MD 20895

#### Membership Classes

Membership Categories	1 Year Only	2 Years	3 Years
Individual	\$ 9	\$17	\$25
Family	\$13	\$24	\$35

PLEASE PRINT	or TYPE THE INFO	RMATION BELOW!!!	
Name(s):		Request is for: - NEW	Membership:
Address:		Today's Date: N	lew Address:
City:	State: Zip:		Renewal:
Home Phone: Work Phone: _		Email Address:	
Add me to Annual member directory but do	not list my: Home Ph.: _	_ ; Work Ph: ; Email:;P	ostal Address:
If checked, add me to New Yahoo Group so	o I can get infrequent, adh	noc announcements of local XC	C Ski activities:
If checked, send my UPSLOPE only electron	onically (no paper copy) to	save the club copying and po	ostage:
STS is an all-volunteer organization. We cannot function without the assistance of our members. If you are interested in volunteering to help STS in any of the following areas, please check the box and you will be contacted:			
	Publicity Ski Trip Leader	XC Ski Ins	structor vents Coordinator